

Kuilsrivier Golf Club

22 NOVEMBER 2024 - YOUR KUILSRIVIER GOLF CLUB TEAM...

BRINGING YOUR CLUB CLOSER...

Message from the Pro... Dwayne Basson...



Last week we spoke about how to improve your putting stroke and I gave some putting tips and techniques. Today I'll give some drills for you to try out next time you practise to make your practise more effective.

1. Putt through tees

Using a few tees — either by placing them outside the heel and toe of your putter head, and/or trying putt your ball through a set of tees — is a very common way pro golfer's practice. It's quick to set up, and it's a simple way to make sure your putter is moving on a good path, and your ball is starting on your intended line.

2. Putting around hole

This is probably THE most common drill I see PGA Tour players practising. And the best part is that it's so simple. Pick one hole, stand anywhere from three to five feet away, and work your way around the hole like a clock.

3. Club behind hole

An easy distance-control drill that's perfect for those struggling with their lag putting. Find a hole, place a club or flagstick about two feet behind it, back up to 20 feet or so and hit putts. Your goal is to have your ball finish either in the hole, or past the hole but not touching the club behind it.

4. Putt one-handed

The simplest drill on this list is also one of the most effective, and it's Tiger Woods-approved, so there's no excuse not to try it.

All you have to do is hit putts one-handed. Either hand will do, but most use their trail hand, which will help you feel the putter head release.

5. Coin on putter head

A handy tempo tip here. If you're worried your stroke is too uneven, especially in transition, place a coin on the back of the putter head. As renowned putting coach Phil Kenyon suggests, try throwing the coin away from the target.

Try some of these drills over the next few weeks and hopefully this will save you an extra, few shots. If you are unsure of how to set any of these up just pop by the Pro Shop and I'll come down and show you how.

Have a good weekend and happy golfing!

Kuilsrivier Golf Club



R 600 Payable 1 January 2025 and there-after 11 monthly instalments based on the category you qualify for

Type	Monthly Payment Option	Once-off Payment Option
Full Member	R 390.00	R 4 600.00
Limited Member	R 330.00	R 3 400.00
Intermediate Member <i>(under 36 years)</i>	R 275.00	R 2 850.00
Initial Member <i>(under 27 years)</i>	R 165.00	R 1 650.00
Scholar Member <i>(under 19 years)</i>		R 600.00



Contact Number
021 903 0222

Contact Email
info@krgc.co.za

Website
www.kuilsrivergolfclub.com

Note: All Members received a complimentary four ball in their birthday month to use Monday to Friday...

Members who are over 65 with 10 years membership will pay R4300 for Full Membership.

Forthcoming Club Events 2024 & Competitions



NOVEMBER & DECEMBER 2024:

- Saturday 23rd November – 4 BBB Stableford
- Wednesday 27th November – 2 Ball Combined Stableford
- Saturday 30th November – MONTHLY MEDAL
- Wednesday 4th December – 4 BBB Bonus
- Saturday 7th December – 4 BBB Medal
- Wednesday 11th December – 4 BBB Stableford
- Saturday 14th December – Single Stableford
- Wednesday 18th December – 2 Ball Combined Stableford
- Saturday 21st December – 4 BBB Bonus
- Saturday 28th December – Singles – MONTHLY MEDAL

Congratulations! Pearl & Johan Steyn on Winning the

KRGC Knockout 2024... Well Played!

Kuilsrivier Golf Club 

GOLF DAYS & EVENTS 021-903 0222



Saturday 16 November 2024

4 BBB Medal

AM

1. R. Phillips / P. Meyer	60
2. G. James / M. Nerris	66 C/I
3. A. Vergotine / C. Smith	66 C/O
4. J. Hyman / P. Tepper	66 C/O

PM

1. P. Steyn / R. Bailey	65
2. J. Kruger / G. Small	67
3. M. Gela / C. Isaaks	68

Nearest to the Pin

3rd Hole – C. Nel & 13th Hole – P. Steyn

Wednesday 20 November 2024

4 BBB Bogey +

2. J. Kleinhans / R. Olivier	+ 6
2. A. Smith / D. Basson	+ 5

Nearest to the Pin

7th Hole – A. Vergotine & 17th Hole – K. Kandasamy

**Good Golf... Y. Abrahams 70 Gross off a 2 Handicap &
C. Isaaks... Eagle on the 9th Hole & V. Philander... Eagle on the 18th Hole.**

PLEASE NOTE: DUE TO THE LOSS OF GLASSES ON THE COURSE & SAFETY...

**WE HAVE TAKEN THE DECISION TO ISSUE ALL DRINKS GOING OUT ON THE COURSE WITH
PLASTIC DISPOSABLE GLASSES.**

NOTE: NO MINORS UNDER THE AGE OF 16 ARE NOT ALLOWED

TO DRIVE GOLF CARTS.

NO-SHOWS ON WEEKENDS WILL BE CHARGED TO MEMBERS ACCOUNTS...

AND THE MEMBERSHIP WILL BE BLOCKED UNTIL PAID.

On Site at KRGC... Our Resident Physio... Cindy de Villiers...



**PRO REHAB
PHYSIOTHERAPY**

Let us improve your game!

Pro Rehab physiotherapy is a practice that effectively aims to manage pain while improving quality of health through rehab and exercise..

TYPES OF TREATMENT

- Golf specific fitness & rehab
 - Injury rehab
 - Chronic pain
 - Sports massage

Contact us now

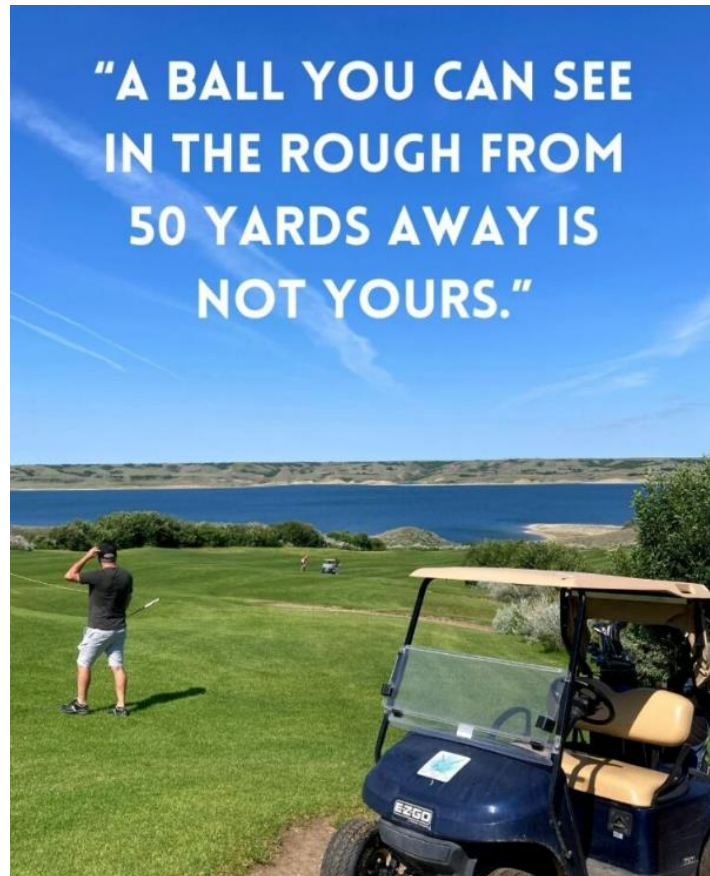
078 193 9153 (whatsapp or call)

www.prorehabphysio.com
(book online)

Just joking...

"Golf is a puzzle without an answer, a game full of paradoxes: it's simple yet complex, relaxing yet frustrating, endlessly challenging yet profoundly rewarding."

And finally...



**Please Remember to Fill YOUR Divots
& Repair YOUR Pitch Marks!**

ALWAYS CARRY A SANDBAG / BOTTLE & MAKE SURE IT IS REGULARLY FILLED UP.

Yours in Golf!

The KRGC Team



021-903 0222 info@krgc.co.za



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